



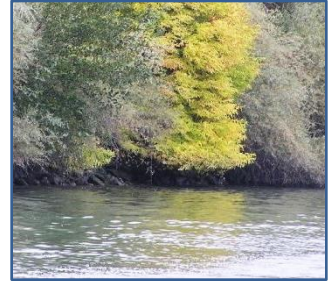
Friends of Five Creeks (www.fivecreeks.org, f5creeks@aol.com) presents:

Bay Currents

Talks on Bay Area nature and environmental issues, emphasizing positive solutions
Edith Stone Room, Albany Community Center, 1249 Marin (at Masonic).
Free -- but seating is limited.

Monday, Sept. 9, 6:30 - 9 PM: The Delta's Late-Summer Splendor

East of the coastal hills, California's great Sacramento and San Joaquin Rivers merge in a watery world, most of whose glory has succumbed to levee building and agriculture. But far-flung sites throughout the Delta remain rich in diverse native plants, unique associations, and showy wildflowers. It is a superb September destination: with water abundant, many flowers are in their prime when the lowlands all about are parched and tawny brown.



Dr. Steve Edwards, geologist, paleontologist, and for 30 years director of the Regional Parks Botanic Garden in Tilden Park, takes us on a special **two-hour** visual tour (with refreshments and stretch breaks) of the plant wonders of this expanded inner heart of our great San Francisco Bay estuary. This talk also is helpful background for knotty decisions on the future of the Delta.

Monday, Oct. 7, 7-9 PM: The Decline and Rebirth of Redwood Creek



Tumbling down Mt. Tamalpais through Muir Woods to the Pacific, Redwood Creek has enchanted generations, from the elite of San Francisco's Bohemian Grove to Zen meditators and more. But the creek and its endangered salmon were loved almost to death.

In this illustrated talk, Berkeley landscape architect John Northmore Roberts delves into the creek's rich and fascinating history and explains the complex and varied ways it is being restored -- including the largest project yet, due for completion at year's end. Roberts has designed projects in many of California's most beloved and spectacular natural areas, including El Polin Spring in the Presidio and the Monterey Peninsula's spectacular 17 Mile Drive.



Monday, Nov. 4, 7-9 PM: Tales from a Recovered Arachnophobe

What if YOU could hear with your ankles, shed your skin to get smaller, squeeze seven kinds of silk from millions of tiny built-in spigots, or release a balloon from your hind end and sail 30,000 feet above the earth? What if you ate your mate after sex -- or conversely evolved amazing strategies to avoid becoming nuptial fodder? What if you had to carry a hundred or so of your offspring around on your back?

Whether you love spiders or loathe them, join Gwen Heistad, resident biologist at Audubon Canyon Ranch's Martin Griffin Preserve, for this fascinating post-Halloween talk!



Gwen's love of marine biology, especially wee things that live in water, propelled her out of the business world and back to graduate school (she has an MA in Environmental Science & Management / Applied Ecology from UC Santa Barbara). There she found herself involved with invertebrates, including a severe crush on spiders -- the subject of most of her childhood nightmares.

